WE GOT THIS

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October 2023

ARIZONA CARDINALS O

Type of dance: Phrased, A: 48 counts, B: 48 counts, 2 walls

Level: Intermediate

Music: I Got It, by Ryann Innes

Intro: 16 counts

Phrasing: A - B - A - A (32) - A - B - A - A (32) - B - A - A (32)

Counts	Footwork	End facing
	PART A	
1 – 8	Side, Together, Side, Touch, Step, Point, Step, Point	
1-2	Step RF to R (1), Step LF next to RF (2)	12:00
3-4	Step RF to R (3), Touch L toes next to RF (4)	12:00
5-6	Step LF to L (5), Point R toes over LF (6)	12:00
7-8	Step RF to R (7), Point L toes over RF (8)	12:00
9 – 16	Grapevine ¼ turn, Brush, Triple Step, ¼ turn Triple Step	
1-2	Step LF to L (1), Cross RF behind LF (2)	12:00
3-4	Make ¼ turn L stepping LF fwd (3), Brush RF next to LF (4)	9:00
5&6	Step RF down next to LF (5), Step LF next to RF (&), Step RF next to LF (6)	9:00
7&8	Make ¼ turn L stepping LF to L (7), Step RF next to LF (&), Step LF next to RF (8)	6:00
17 – 24	Side Rock Cross, Hold, Side Rock Cross, Hold	
1-2	Step RF to R (1), Recover on LF (2)	6:00
3-4	Cross RF over LF (3), Hold (4)	6:00
5-6	Step LF to L (5), Recover on RF (6)	6:00
7-8	Cross LF over RF (7), Hold (8)	6:00
25 – 32	Side Rock, Cross, Side, Behind, ¼ turn Step, Step ½ Pivot	
1-2	Step RF to R (1), Recover on LF (2)	6:00
3-4	Cross RF over LF (3), Step LF to L (4)	6:00
5-6	Cross RF behind LF (5), Make ¼ turn L stepping LF fwd (6)	3:00
7-8	Step RF fwd (7), Make ½ turn L stepping on LF (8)	9:00
33 – 40	Stomp Right, Swivel Heel Toe Heel, Stomp Left, Swivel Heel Toe Heel	
1-2	Stomp RF fwd in R diagonal (1), Swivel L heel in (2)	9:00
3-4	Swivel L toe in (3), Swivel L heel in (4)	9:00
5-6	Stomp LF fwd in L diagonal (5), Swivel R heel in (6)	9:00
7-8	Swivel R toe in (7), Swivel R heel in (8)	9:00

40 – 48	Step Back, Touch, Step Side, Touch, ¾ Walks around	
1-2	Step RF back in R diagonal (1), Touch LF next to RF (2)	9:00
3-4	Step LF to L (3), Touch RF next to LF (4)	9:00
5-6	Make ½ turn R stepping RF fwd (5), Make 1/8 turn R stepping LF fwd (6)	1:30
7-8	Make 1/8 turn R stepping RF fwd (7), Make 1/8 turn R stepping LF fwd (8)	6:00
		0.00
	PART B	
1 – 8	Ball & Together, Hold, Bounce x2, Ball & Together, Hold, Bounce x2	
	Step RF fwd in R diagonal (&), Step LF next to RF (1), Hold (2)	
&1-2	Arms options: On count 1 as you step together, put both hands down next to your hips	6:00
0004	Lift both heels (&), Put heels back down (3), Lift both heels (&), Put heels back down (4)	0.00
&3&4	Arms options: Keep the arms as count 1	6:00
&5-6	Step LF fwd in L diagonal (&), Step RF next to LF (5), Hold (6)	6:00
	Arms options: On count 5 as you step together, cross both arms in front of your chest	
&7&8	Lift both heems (&), Put heels back down (7), Lift both heels (&), Put heels back down (8)	6:00
9 – 16	Step Back, Touch & Clap Clap, Step Back, Touch & Clap, Back Rock, Step ½ Pivot	
1-2	Step RF back in R diagonal (1), Touch LF next to RF (2)	6:00
1 4	Arms options: Clap your hands x2 on count &2	0.00
3-4	Step LF back in L diagonal (3), Touch RF next to LF (4)	6:00
	Arms options: Clap your hands on count 4	
5-6	Step RF back (5), Recover on LF (6)	6:00
7-8	Step RF fwd (7), Make ½ turn L stepping on LF (8)	12:00
4- 64		
17 – 24	Ball & Together, Hold, Bounce x2, Ball & Together, Hold, Bounce x2	
&1-2	Step RF fwd in R diagonal (&), Step LF next to RF (1), Hold (2)	12:00
	Arms options: On count 1 as you step together, put both hands down next to your hips Lift both heels (&), Put heels back down (3), Lift both heels (&), Put heels back down (4)	
&3&4	Arms options: Keep the arms as count 1	12:00
	Step LF fwd in L diagonal (&), Step RF next to LF (5), Hold (6)	
&5-6	Arms options: On count 5 as you step together, cross both arms in front of your chest	12:00
&7&8	Lift both heels (&), Put heels back down (7), Lift both heels (&), Put heels back down (8)	12:00

25 – 32	Step Back, Touch & Clap Clap, Step Back, Touch & Clap, Back Rock, Step ½ Pivot	
	Step RF back in R diagonal (1), Touch LF next to RF (2)	40.00
1-2	Arms options: Clap your hands x2 on count &2	12:00
3-4	Step LF back in L diagonal (3), Touch RF next to LF (4)	12:00
J-4	Arms options: Clap your hands on count 4	
5-6	Step RF back (5), Recover on LF (6)	12:00
7-8	Step RF fwd (7), Make ½ turn L stepping on LF (8)	12:00
33 – 40	Slow Jazz Box with holds, Cross, Step Side	
1-2	Cross RF over LF (1), Hold (2)	12:00
3-4	Step LF back (3), Hold (4)	12:00
5-6	Step RF to R (5), Hold (6)	12:00
7-8	Cross LF over RF (7), Step RF to R (8)	12:00
41 – 48	Cross Behind, Unwind Full Turn, Out Out, Hold x3	
1-2	Cross LF behind RF (1), Start to unwind a full turn L (2)	12:00
3-4	Keep unwinding full turn L (3-4)	12:00
&5-6	Step RF out to R (&), Step LF out to L (5), Hold (6)	12:00
7-8	Hold x2 (7-8)	12:00
	Part A 32 counts	
	When you do 32 counts of part A the first 2 times, to restart the dance with part A or part B,	
	you'll have to add an extra ¼ turn L	
	To finish the dance on the last time of part A with 32 counts, change the last ½ turn into a ¼	
	turn	<u> </u>