

# Throwback Love

Count: 56      Wall: 0      Level: Phrased Intermediate

Choreographer: Pim van Grootel, José miguel Belloque Vane, Raymond Sarlemijn, Jean-Pier

Music: "Throwback Love" by Meghan Trainor



**Sequence: A-B-B-A (Restart) A-B-B-A-B-B-B**

**Starts after: 16 Counts ( +/- 17 Sec. on Track)**

## **PART A: 32 counts**

### **A1: RUMBA BOX, R/L, MAMBO FWD 1/2 TURN R, SHUFFLE 1/2 TURN R**

- 1 RFStep to right side
- & LFClose next to RF
- 2 RFStep forward
- 3 LFStep to left side
- & RFClose next to LF
- 4 LFStep forward
- 5 RFStep forward
- & LFRecover weight, 1/4 Turn right(3.00)
- 6 RF1/4 Turn right, stepping forward(6.00)
- 7 LF1/4 Turn right, stepping to left side(9.00)
- & RFClose next to LF
- 8 LF1/4 Turn right, stepping backwards(12.00)

### **A2: MAMBO BACK, HEEL, HEEL, TOGETHER, CROSS STEP, SNAP, TOUCH SIDE 2X, SAILOR STEP R**

- 1 RFStep backwards
- & LFRecover weight
- 2 RFStep forward on the heel
- & LFStep forward on the heel
- 3 RFClose next to LF
- & LFCross over RF
- 4 Snap your fingers
- 5 RFTouch to right side
- & RFTouch next to LF
- 6 RFTouch to right side
- 7 RFCross behind LF
- & LFSmall step to left side
- 8 RFStep to right side

**\* RESTART POINT IN 2ND TIME PART A**

### **A3: BALL CHANGE, SNAP, 1/4 TURN L, SNAP, 1/4 TURN L, SNAP, SIDE STEP, SNAP, JAZZBOX R, SHORTY GEORGE**

- & LFStep next to RF
- 1 RFStep to right side
- & Snap the fingers

- 2 LF1/4 Turn left, stepping forward(9.00)
- & Snap the fingers
- 3 RF1/4 Turn left, stepping to right side(6.00)
- & Snap the fingers
- 4 LFStep to left side
- & Snap the fingers
- 5 RFCross over LF
- & LFStep backwards
- 6 RFStep to right side
- & LFStep forward
- 7 RFStep forward, Pushing the knee's to right
- & LFStep forward, Pushing the knee's to left
- 8 RFStep forward, Pushing the knee's to right
- & LFStep forward, Pushing the knee's to left

**A4: HEEL STEP, 1/4 TURN R, ROCK STEP - 2X, KICK, BEHIND, SIDE, CROSS - 2X**

- 1 RFHeel forward
- & LF1/4 Turn right, Recovering weight
- 2 RFStep backwards
- & LFRrecover weight
- 3 RFHeel forward
- & LF1/4 Turn right, Recovering weight
- 4 RF Step backwards
- & LFRrecover weight
- 5 RFKick diagonal right forward
- & RFCross behind LF
- 6 LFStep to left side
- & RFCross over LF
- 7 LFKick to left side
- & LFCross behind RF
- 8 RFStep to right side
- & LFCross over RF

**Part B: 24 counts**

**B1: TOE, HEEL ,CROSS - 2X, JUMP OUT, WEIGHT CHANGE L/R, BOUNCE 4X**

- 1 RF Touch next to LF
- & RFTouch heel to right side
- 2 RFCross over LF
- & LFTouch next to RF
- 3 LFTouch heel to left side
- & LFCross over RF
- 4 RFJump out to the right side
- 5 LFRrecover weight (While jumping into it)
- 6 RFRecover weight (While jumping into it)
- 7 RFJump on the spot while keeping the LF out, Turning 1/4 Turn (9.00)
- & RFJump on the spot while keeping the LF out, Turning 1/4 Turn (6.00)
- 8 RFJump on the spot while keeping the LF out, Turning 1/4 Turn (3.00)
- & RFJump on the spot while keeping the LF out, Turning 1/4 Turn (12.00)

**B2: ROCK BACK, 1/2 TURN R, HITCH, STEP BACK, HITCH, STEP FORWARD, 1/2 TURN L, HITCH, STEP BACK, 1/2 TURN L, HITCH, STEP FWD, 1/2 TURN L, STOMP -2X**

- 1 LFStep backwards
- & RFRecover weight
- 2 LF1/2 Turn right, stepping backwards(6.00)
- & RFHitch
- 3 RFStep backwards
- & LFHitch
- 4 LFStep forward
- & RF Hitch, while making a 1/2 Turn left(12.00)
- 5 RFStep backwards
- & LFHitch, while making a 1/2 Turn left(6.00)
- 6 LFStep forward
- & RFHitch
- 7 RFStep forward
- & LF1/2 Turn left, stepping forward(12.00)
- 8 RFStomp
- & LFStomp

**B3: STEP FWD, KICK, STEP BACK, TOUCH, JAZZBOX 1/2 TURN R**

- 1 RFStep forward
- 2 LFKick forward
- 3 LFStep backwards
- 4 RFTouch backwards
- 5 RFCross over LF
- 6 LF1/4 Turn right, stepping backwards (3.00)
- 7 RF1/4 Turn right, stepping to right side(6.00)
- 8 LfSmall step forward

**\* Finish: Last time doing part B, make a normal jazzbox instead of a jazzbox 1/2 Turn. You will be facing (12.00).**